

## Minimum Package

**Cost:** \$5 per article. Article should not be more than a 1000 words.

**Promotion:** Posting on Facebook, Twitter, LinkedIn, Pinterest, Instagram and mailing list at least once every month for the next three months after the publication of the article.

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## Medium Package

**Cost:** \$20 per article. Article should not be more than a 2500 words.

**Promotion:** Posting on Facebook, Twitter, LinkedIn, Pinterest, Instagram and mailing list at least four times every month for the next three months after the publication of the article.

**Creation of Associate's Profile** for the author of the article which will also be promoted for as long as the blog is active.

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## Premium Package

**Cost:** \$100 per article. Unlimited number of words.

**Promotion:** Posting on Facebook, Twitter, LinkedIn, Pinterest, Instagram and mailing list at least four times every month for the next twelve months after the publication of the article.

**Creation of Associate's Profile** for the author of the article which will also be promoted for as long as the blog is active.

**Paid Advertisement:** Awareness Campaign in Twitter and Boost Blog Ads in Facebook.

If one of the above packages do not cover you or want any other clarifications please send me an email at [thirsty4health@gmail.com](mailto:thirsty4health@gmail.com) to ask me anything you want.

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Regards, Thirsty4health Team